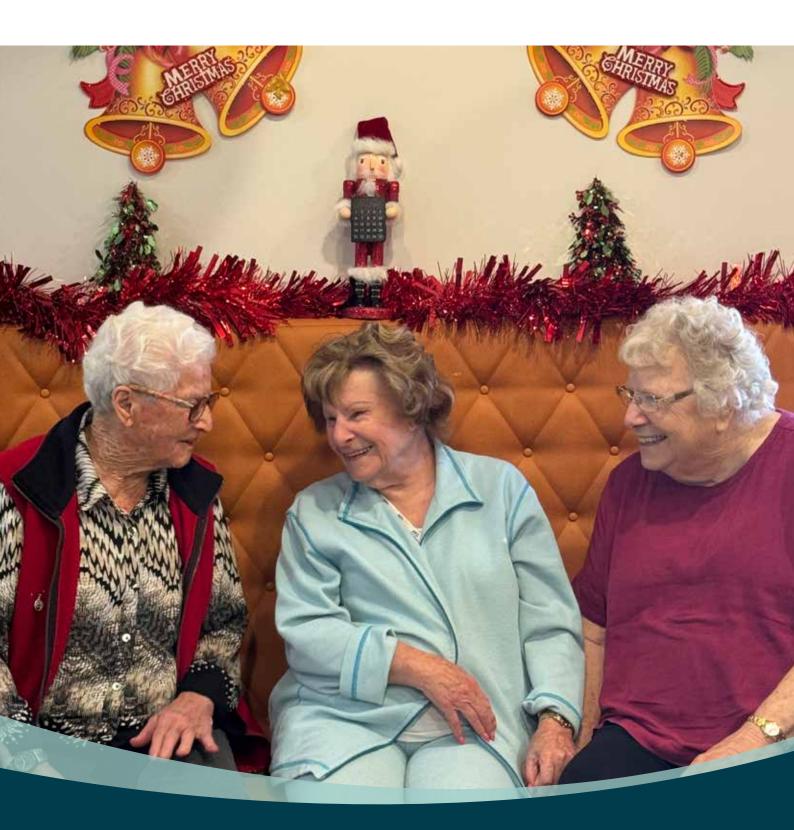


Retirement Villages | Serviced Apartments | Residential Aged Care

NEWSLETTER



Contents

DECEMBER 2025 EDITION

















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Corporate Office

1005 Lower North East Road Highbury SA 5089 P 1300 424 332

E enquiries@warrinahomes.com.au

Front Cover Image: Warrina Park Residents

Back Cover Image: R U OK? Day at Warrina Crescent - See article on page 13

CEO Message

Andrew Curle
Chief Executive Officer



Dear residents, families and friends.

As we approach the end of another amazing year, I want to take a moment to reflect on what we've achieved together and share my gratitude for the incredible community we have built.

This year has been filled with challenges and triumphs, and through it all, our commitment to providing compassionate, high-quality care has remained unwavering. I am deeply proud of the dedication shown by our staff, who go above and beyond every day to ensure our residents feel safe, valued, and supported.

December is a time for connection, celebration, and reflection. For many, the festive season brings joy and cherished traditions, but it can also be a time of loneliness for some. Let's all make an extra effort to reach out, share a smile, and create moments of warmth for those around us. After all, we are one team, one family!

During the year, we continued to deliver on the Board's strategic objectives, which centre on four key priorities: Excellence in Resident-Centred Care and Services; Workforce and Organisational Design; Quality Homes and Future-Ready Assets; and Financial Sustainability. These strategic pillars align closely with our organisational Values of Christian, Care, Teamwork, Sustainability and being a Good Corporate Citizen. The effectiveness of these priorities is demonstrated through tangible outcomes evident in our FY25 audited financial results and in the positive feedback from both Staff and Resident Surveys. Over and above, it is also encouraging to receive uplifting testimonies from various stakeholders demonstrating our value in the local communities.

As our organisation continues to grow and evolve, it is essential that we implement new systems, processes, and procedures to support and sustain this progress in a highly regulated environment. I wish to extend my sincere appreciation to all teams involved for their commitment and effort, and to our residents for their patience and understanding throughout this transition. The work we are undertaking today will create a lasting legacy for generations to come.

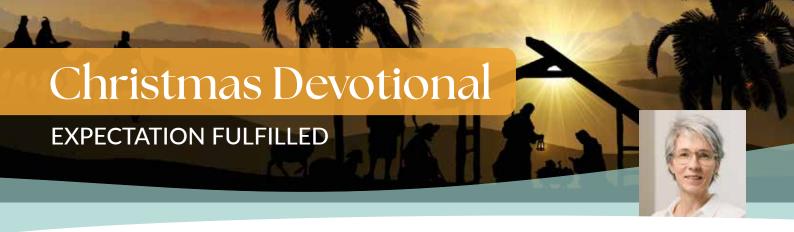
The 2025 Annual General
Meeting of the Association has
been successfully concluded,
marking another important
milestone in our governance
journey. Sincere thanks go to all
Members for your engagement,
support, and for endorsing
several significant decisions that
will help shape our future.

Looking ahead to 2026, we are excited about new initiatives that will enhance our services and strengthen our community. Together, we will continue to innovate and uphold the values that make our organisation a trusted name in Aged Care.

On behalf of the Leadership Team, I wish to express our sincere appreciation for the trust and confidence you continue to place in us. As we approach the holiday season, we extend our best wishes to you and your loved ones for a safe, peaceful, and restorative time.

May Christmas bring you the warmth of friendship, the joy of giving, and the enduring love of Christ. We also wish everyone a happy, healthy, and prosperous New Year.





Stephanie Bailey

Senior Chaplain

E stephanie.bailey@ warrinahomes.com.au P 1300 424 332

What Christmas childhood memories do you cherish? Do you remember receiving a particular gift? What special food did your family have at Christmas?

One of my most special memories was the tradition we had of putting one of my dad's farm socks – clean of course - at the end of the bed and waking up to find it stuffed full of treats. There was usually a banana in the sock, a packet of savoury snacks and a variety of lollies. Being a real sock, not a lot could actually fit in there, but that made it even more fun.

Some years during Christmas Eve, I heard my mum creeping into the bedroom, swapping the empty sock for a full one. I could hear the crinkling of the packets inside the sock and I was so tempted to look inside, but I would wait until morning. When we woke, my siblings and I would sit in our beds, pull out the treats and eat them immediately. It was always the highlight of Christmas for me.

The Gift of Expectation

Looking back, what made the Christmas socks so special was the expectation. I knew it was coming. I looked forward to it with joy and excitement. This sense of waiting and anticipation helps us understand the deeper meaning of Christmas.

The Jewish people also lived with expectation. For generations, God's people longed for the Messiah, the One promised by God. The prophets spoke of Him clearly:

"For to us a child is born, to us a son is given..." Isaiah 9:6ESV

They even knew the place of His birth:

"But you, O Bethlehem... from you shall come forth for me one who is to be ruler in Israel."

Micah 5:2ESV

The people watched, they waited, and they looked for signs that God's promise would be fulfilled.

Fulfilled in a Humble Manger Then, at just the right time, God kept His promise:

"But when the fullness of time had come, God sent forth his Son, born of woman." Galatians 4:4ESV

The angel announced to the shepherds,

"For unto you is born this day in the city of David a Saviour, who is Christ the Lord." Luke 2:11ESV Yet while His coming was expected, the way He came, born in a humble manger, was not what people had imagined. He did not arrive with grandeur or fanfare. Still, it was the greatest gift of all:

"For God so loved the world, that he gave his only Son..."

John 3:16ESV

Living with Hope Today

At Christmas, we remember not only that God kept His promise to send Jesus, but also that we can live with expectation today. Just as I waited eagerly for that sock to be filled, we can wait with joy and confidence for Christ's promises.

"waiting for our blessed hope, the appearing of the glory of our great God and Saviour Jesus Christ."

Titus 2:13ESV

This Christmas, as you reflect on your own memories, traditions, and gifts, may you also rejoice in the greatest gift, Immanuel,

"God with us." Matthew 1:23

He came then, He is with us now, and He will come again.

A Christmas Blessing

May the joy of Jesus' coming fill your hearts this season. May the wonder and certainty of His presence inspire hope, peace, and comfort this Christmas.

Clinical Care Update

Febin JohnExecutive Manager Clinical Operations



It is with great pleasure that I share exciting updates on Warrina Homes' implementation of recent changes in the Aged Care sector, including the new Aged Care Act and the Strengthened Aged Care Standards. Thanks to the proactive efforts of our dedicated team, we have worked diligently to meet all legal requirements and ensure safe, high-quality care for our residents.

I am pleased to announce that we have successfully completed the digitalisation of clinical and lifestyle documentation across all our Residential Aged Care facilities (RACFs). In addition, the digitalisation of our hospitality services is well underway, with the implementation of the online menu collection system across our Homes.

Over the next three months, our primary focus will be on supporting our RACFs as they embed the changes introduced by the new Aged Care Act and the Strengthened Aged Care Standards. These reforms are critical to improving the care we provide, and we are committed to ensuring that our staff are well-equipped and fully supported as they integrate these updates into their daily practices.

Looking ahead, we will also prioritise improving the dining experience for our residents, a key aspect of our care model with a direct impact on resident satisfaction. To this end, we have launched a continuous improvement program to enhance the dining experience across all RACFs. We will also continue to streamline our clinical and quality governance activities to ensure that we consistently meet and exceed the standards set by the recent reforms.

These changes represent significant milestones in our journey, and we are confident that they will further enhance the quality of life for our residents while reinforcing our position at the forefront of Aged Care excellence.

As the holiday season approaches, I'm sure many of you are looking forward to celebrating Christmas and the New Year. This time of year offers us an opportunity

to reflect on the memories we've created and look toward new opportunities to make even more. I want to wish each of you a blessed and joyful Christmas, and may the New Year bring peace, happiness, and continued success to you and your loved ones.

Thank you for your ongoing dedication to our residents and the Warrina Homes team. Your hard work and commitment are what make these positive changes possible.



Admissions Update



Alana Fahey

Admissions & Customer Service Manager

Christmas is just around the corner, and it's the perfect time to show our loved ones how much they mean to us with a gift that reminds them they're always in our thoughts.

Finding the right present for someone living in Aged Care can be tricky, especially since many of their daily needs are already taken care of.

To help, I've gathered thoughtful, practical gift ideas in collaboration with our team for what you might consider giving a loved one in an Aged Care facility this festive season.

Comfort & Warmth

- Blankets & Throws Soft, cozy lap throws are perfect for keeping warm during winter.
- Seasonal Clothing Lightweight nighties, pyjamas, cardigans and non-slip slippers make lovely and useful gifts.
- Neck Pillow Ideal for relaxing in a chair while reading or watching TV.

Nature & Decor

 Indoor Plant or Fresh Flowers – A touch of greenery or floral beauty can lift spirits and brighten a room.

Creative & Engaging

- Adult Colouring Books Pair with pencils or markers for a relaxing activity.
- Picture Album Create a themed album featuring their favourite places, animals, movies or music.
- Photo Album Compile cherished family photos for reminiscing.

Personalised Keepsakes

- Photo Gifts Framed photos, custom calendars, or luxe items like photo blankets or cushion covers.
- Digital Photo Frame Pre-load with happy family memories for them to enjoy anytime.

Reading & Entertainment

- Magazine or Newspaper Subscription Delivered directly to the facility for regular enjoyment.
- Books or eReader Choose large print books or gift a Kindle for tech-savvy residents.
- Radio/CD Player Tune into favourite stations or enjoy classic CDs.

Pampering & Wellness

 Luxury Toiletries – Treat them to special scented body wash, lotion, shampoo, or deodorant (ensuring it's suitable for sensitive skin).

Sweet Treats

• Favourite Chocolates, Lollies, or Biscuits – A festive indulgence they'll love.

While thoughtful presents can brighten a resident's day and make their room feel more cheerful, the most treasured gift of all is your time.

A visit from a loved one brings joy, comfort and connection, and truly makes a loved one's day. Whether it's a short chat, a shared laugh, or simply sitting together, your presence is the greatest gift you can give this Christmas.







Seema Khatri Lifestyle Coordinator Warrina Court and Warrina Park

We are thrilled to share updates and highlights from recent lifestyle activities at Warrina Court and Warrina Park, where fun, friendship and celebration have brought everyone together. There's so much to enjoy and reflect on from these memorable experiences.

SPECIAL EVENTS

Footy Tipping Presentation

Residents gathered for the finale of our Footy Tipping Competition, with a trophy and certificates of appreciation presented to the winners in recognition of their efforts throughout the season. The afternoon was filled with laughter, friendly chat and a sense of community.

Warrina Court



Warrina Park



Bus Trip to Gumeracha

Warrina Court and Warrina Park residents had a wonderful day trip to Gumeracha visiting the iconic Big Rocking Horse, which brought back many fond memories from their younger days. Everyone enjoyed sightseeing and chatting about how things used to be. On the return trip, a stop for ice cream provided the perfect opportunity to share laughter and stories, making it a truly memorable outing for all.









Special Story from Warrina Park

Memory Journeys VR: Travelling together and exploring personal histories in virtual spaces

Supported by Warrina Homes, this PhD research, led by Beck, brings together older residents, Rostrevor College students and a Uni SA student.

"Working with Betty and Jenny has been an absolute privilege. They are inspirational women who have generously joined this journey, shaping the research by sharing their stories and co-designing tools for use across a variety of intergenerational settings. The young people from Rostrevor have now stepped into Jenny's story in Papua New Guinea and embarked on adventures with Betty in her hometown in Yorkshire. They have time-travelled, shared stories and exchanged knowledge. So far, the results are very positive. There are sounds of awe when virtually visiting Venice or stepping back to 1960s Papua New Guinea with Jenny. Students leave each session full of voice, ideas, and with a deep sense of empathy and reflection. It is about community and the importance of people's stories. In the future, I hope all young people have opportunities for intergenerational engagement beyond their families, so we can break down outdated stereotypes, foster mutual understanding, and co-create inclusive communities."

Beck

Father's Day Celebration

Father's Day was a special afternoon filled with joy and appreciation for all the amazing dads and father figures in our Home. Residents enjoyed music, games and delicious treats as everyone came together to celebrate. Our craft group also made a generous contribution, creating beautiful handmade cards and gifts that added a personal touch to the day. It was a heartfelt celebration full of love, smiles and warm memories.

Warrina Court



Warrina Park





Melbourne Cup

Melbourne Cup Day was a festive and lively occasion at our Homes. Residents enjoyed the atmosphere, placing friendly bets, sharing their predictions and cheering for their favourite horses. The day was made even more special with themed decorations, tasty snacks and lots of laughter, creating wonderful memories for everyone involved.

Warrina Court



Warrina Park



Warrina Court



Warrina Park



Memorial Service

We held a moving Memorial Service to honour and remember our beloved residents who have passed away during the year. Family, friends and staff joined together to share memories and pay their respects. Staff were also invited to light a candle, adding a personal touch to the ceremony. The service was a peaceful and reflective occasion, providing comfort and support for everyone present.

Puzzle Competition

Our residents recently enjoyed a fun and friendly puzzle competition, showcasing great teamwork, patience and problem-solving skills. It was wonderful to see so many smiles and lively conversations as puzzles came together piece by piece. Well done to all who took part!

Warrina Court





Pyjama Day

Celebrating Pyjama Day with everyone dressed in their coziest and most colourful sleepwear was a lot of fun. Warrina Court and Warrina Park residents and staff shared plenty of laughter, took part in games and relaxed together over hot drinks and sweet treats. The day was filled with smiles and comfort, making it a cheerful and light-hearted event for all.

Warrina Court







Warrina Park







Remembrance Day

Warrina Court and Warrina Park observed
Remembrance Day with deep respect and reflection,
honouring the courage and sacrifice of those who
served. Residents, staff and visitors gathered for
a solemn ceremony, including a minute of silence
and the laying of wreaths. The occasion offered an
opportunity to remember and give thanks, creating
a meaningful and heartfelt experience for all.

Indian and Nepalese Cultural Day

We celebrated Indian and Nepalese Cultural Day with vibrant music, traditional dances and colourful attire. Our staff performed traditional dances with residents joining in, dancing along and spreading happiness throughout the day. Everyone enjoyed sharing delicious cultural foods in the staff room, making it a joyful and memorable celebration for staff and residents.

Warrina Court



Warrina Park



Spring at Warrina Court and Warrina Park

Spring arrived with colourful flowers, warm sunshine and gentle breezes at our Homes. Residents spent time outdoors, enjoyed the gardens and fresh air. The season brought a lovely sense of warmth and brightness to our days.

Warrina Court



Warrina Park



Noticeboard

Residents' Meetings

Our Residents' Meetings are held regularly providing the opportunity to share thoughts, ideas and feedback about life at our Homes. It's an important communication tool that helps ensure residents have a voice in decisions that affect their daily living, from activities and menus to lifestyle choices. Families and friends are encouraged to know that these meetings help us create a more inclusive, supportive and enjoyable environment for everyone. Please see our monthly Lifestyle Calendar to see when the next Residents' Meeting is being held at your Home. Feel free to talk to the Lifestyle Team if you have any questions.

Hairdresser

The hairdresser visits Warrina Court and Warrina Park regularly, offering residents the chance to enjoy a fresh look and a bit of ampering. If you would like an appointment, please speak with reception or ask a staff member to add your name to the hairdresser's appointment book.

Library Service

Would you like to join our library? Membership is free and offers a wonderful range of reading and entertainment options for everyone to enjoy. The Mobile Library visits regularly providing access to books, magazines, DVDs and CDs. A variety of audiobooks is also available. Simply speak with the Lifestyle Team at your Home to request a membership form or to learn more. If you need extra time to finish your reading, extensions can easily be arranged.

Continuous Improvement

Residents, families and friends are reminded that there are several ways to express views, suggestions, and any feedback. Feedback forms are available at reception and near the activity halls at both Homes. Verbal feedback is also welcome, and we encourage everyone to contribute so we can continue to provide the best care and experience possible.

Volunteers Wanted

We are seeking enthusiastic individuals who would like to volunteer at Warrina Court and Warrina Park. If you have some time to spare and would like to contribute, we would love to hear from you! Please send an expression of interest to Seema Khatri (Lifestyle Coordinator) at snehal.khatri@ warrinahomes.com.au or contact 0477 281 762.

Contribute to our Newsletter

We welcome and encourage contributions to our Newsletter!
Submissions of articles, photos, staff news, trivia, poetry, and residents' life stories are greatly appreciated.
Please deliver your submission to the reception area or reach out to the Lifestyle Team for more details.







R U OK? Day

We celebrated R U OK? Day at Warrina Court and Warrina Park with a special morning tea featuring delicious cupcakes. Staff came together to share meaningful conversations and check in on each other's well-being. The day offered connection, kindness and support, with a reminder that a simple question can make a big difference.

WELCOME

Staff and Management at Warrina Homes extend a warm welcome to our new residents. We hope you are settling in and will be very happy in your new Home.

If you have any questions, feel free to ask a member of our lifestyle team, and we will do our best to assist you.

WARRINA COURT

Brian Thomas Brown Pauline Margaret Gilbert Patricia Murphy Maurice Murphy

Robert McNeeley **Thomas Bullen** Luigi Pavia Ian Campbell Marian Campbell Phyllis Joy Linke

Resident Birthdays

Residents at Warrina Court and Warrina Park look forward to the monthly birthday celebrations with great excitement. This special event, held on the final Thursday of each month, features music, entertainment, birthday cake and a delightful afternoon tea.

WARRINA COURT

DECEMBER

3rd - Glenys Cribb

6th - Jenny Smith

9th - Yuk Kwan Tse

23rd - Noreen Kelly

29th - Paull Colley

31st - Janise Plumb

JANUARY

4th - Konstantinos

Hronopoulos

4th - Rosemary Maurer

FEBRUARY

12th - Edze Pieterman

WARRINA PARK

DECEMBER

2nd - Dennis Ross Barnes

8th - Siegfried Funk (Sigi)

10th - Alfonsina Frocione (Fonzi)

13th - Hubertus De Boer (Bert)

16th - Dorothy Duckworth

17th - Wasiak Slawomir

18th - Phyllis Joy Linke

19th - Ruth Bone

31st - Adrienne Mary Coombes

JANUARY

5th - Malcolm Stark

31st - June Gleeson

FEBRUARY

19th - Sadie Hodgins

21st - Luigi Pavia

22nd - Maisie Rundle (103rd birthday)

22nd - John Capes

WARRINA PARK

Dennis Ross Barnes



WE REMEMBER...

WARRINA COURT

Adrian Cummins Carmel Adams Lorraine Keesing Meropi Hatzinikolakis Emma Walter Rosa Orlando

WARRINA PARK

Verna Claessen

Our thoughts and prayers are with their families and friends.

"Blessed are those who mourn, for they shall be comforted."

Matthew 5:4 NKJV



Upcoming Special **Events**

Please check our monthly Activity Calendar for additional updates. Events may be subject to change based on residents' needs or unforeseen circumstances. Any changes will be posted on the Daily White Board in each Home.

Be happy and keep smiling! Thank you for your support.

From our Lifestyle Team: Silvana, Rajitha, Kinjal, Reema and Eden





Warrina Court

Tuesday 2 December, 1:30pm Bus trip to Adelaide City

Monday 8 December, 1:30pm **Christmas Services**

Thursday 11 December, 12:00pm Christmas lunch Followed by Christmas choir

Wednesday 17 December, 1:30pm Christmas special concert featuring Santa and his cheerful Elf

Wednesday 24 December, 1:30pm Monthly birthday party

JANUARY.....

Thursday 1 January, 1:30pm **New Year Party**

Tuesday 6 January, 1:30pm Bus trip to Barossa Valley

Thursday 22 January, 12:00pm Australia Day celebration With special BBQ lunch

Tuesday 27 January, 1:30pm Monthly birthday party

Thursday 29 January, 1:30pm Cliff Richard and Elvis Presley singer and performer

FEBRUARY.....

Tuesday 3 February, 1:30pm Bus trip to Lyndoch

Wednesday 11 February, 1:30pm Valentine's Day celebration with musical concert by Neville

Wednesday 18 February, 1:30pm Wine tasting

Wednesday 25 February, 1:30pm Monthly birthday party



Warrina Park

DECEMBER

Tuesday 2 December, 1:30pm Bus trip to Adelaide City

Wednesday 10 December, 1:30pm **Christmas Services**

Friday 12 December, 12:00pm Christmas lunch followed by Christmas choir

Friday 19 December, 1:30pm Christmas special concert featuring Santa and his cheerful Elf

Tuesday 30 December, 1:30pm Monthly birthday party

JANUARY.....

Thursday 1 January, 1:30pm **New Year Party**

Tuesday 6 January, 1:30pm Bus Trip to Barossa Valley

Thursday 15 January, 1:30pm Cliff Richard/Elvis Presley singer and performer

Friday 23 January, 12:00pm Australia Day celebration with special BBQ lunch

Thursday 29 January, 1:30pm Monthly birthday party

FEBRUARY....

Tuesday 3 February, 1:30pm Bus trip to Lyndoch

Thursday 12 February, 1:30pm Valentine's Day celebration with musical concert by Neville

Friday 20 February, 1:30pm Wine tasting

Thursday 26 February, 1:30pm Monthly birthday party









Malina Bastola Lifestyle Coordinator



s the days grow longer and the scent of roses drifts through our gardens, Warrina Crescent has come alive with the warmth and energy of summer. We have been enjoying the sunshine in our courtyards and soaking up the bright days that make this time of year so special.

Summer reminds us to slow down, savour the simple moments, and celebrate the joy that comes from community and connection. Our Lifestyle Team has filled the calendar with wonderful events designed to bring laughter, meaning, and togetherness as we close another memorable year.



SPECIAL EVENTS

Father's Day

September at Warrina Crescent began with heartfelt tributes to the incredible fathers, grandfathers and father figures in our home and our community.

Our Father's Day special concert by the Satin Swing Band filled the room with smooth jazz and lively conversation. Residents clapped along, shared stories about family traditions and reminisced about their own good times.

The following day, our special Men's Only Lunch created a space for camaraderie and storytelling. The Lifestyle Team dressed in suits, the tables were set with memorabilia from the past and a hearty chicken schnitzel with chips for lunch brought everyone together. The afternoon finished with Father's Day raffle draw, dad jokes, laughter and warm smiles all around.



R U OK? Day

Warrina Crescent took a quiet moment to check in with one another and reflect on the importance of conversation and care.

Morning tea was served amongst thoughtful chats and plenty of smiles for staff and residents. It was a reminder that even small gestures can make a big difference.

School Choir Visit

The Year 5 students from Ingle Farm Primary School brought youthful joy and energy into our home.

In a 'speed-date' format, residents and children took turns using cue cards prepared by the Lifestyle Team to spark meaningful conversations. There was laughter, curiosity and the start of genuine friendship.

The students performed the Australian National Anthem and finished with a singalong that had everyone clapping in rhythm. Residents commented that the visit "made them feel young again!". We're thrilled that this partnership will continue with a Christmas craft and choir session in November.





Footy Tipping Presentation

AFL Footy fever swept through Warrina Crescent as residents and staff gathered to celebrate the winners of this year's tipping competition.

Certificates and trophies were proudly presented, and the afternoon wrapped up with afternoon tea and plenty of friendly banter. Congratulations to resident Trevor Fitzsimons (1st Place); Bill Eldridge (2nd Place) and Lorraine Vivian (3rd Place). All participating residents received recognition certificates. It was a wonderful way to close another exciting season.

Memorial Service

Residents, families, and staff came together to honour those we've loved and lost during the past year.

Soft background music, candles, and flowers created a space for reflection and gratitude, providing a moment of stillness that touched every heart present.



Cultural Celebration - Oktoberfest and German-themed Accordion Performance

Blue-and-white streamers, upbeat music and the aroma of sizzling sausages set the scene for a lively Oktoberfest.

A sincere thanks to our
Administration Officer, Tony,
who took over the BBQ while
residents enjoyed pretzels, German
beer and themed bingo. The
day was filled with laughter and
cultural pride, especially among
residents of German heritage, who
shared their own fond memories
and the joy of the festival.

The very week, talented musician Lino returned with his accordion in a German outfit, filling the halls with nostalgic tunes that sparked singalongs and smiles. It was a gentle, heart-warming afternoon that reminded us how powerful music can be in bringing people together.











Indian and Nepali Cultural Day Colour, music and delicious aromas filled the air as Warrina Crescent celebrated Indian and Nepali Cultural Day.

Staff of Nepalese and Indian background wore beautiful traditional attire and performed lively dances that brought the crowd to their feet. Residents and families put effort into dressing up for the event, and some said it felt like "a trip overseas without leaving home."

Events like this remind us how diversity enriches our community and how joy truly transcends language and culture.

Waratah Bus Trip to Semaphore
Our Memory Support Unit residents
set out for a scenic drive to
Semaphore. Despite a light drizzle,
the mood was bright as everyone
enjoyed coastal views, a sing-along
on the bus and a stop for ice cream.
The sound of voices in harmony,
laughter and the sight of smiling
faces made the day unforgettable.









Walking Group

With warmer days, our Walk and Wheel group has been enjoying beautiful strolls through the rose garden. The warm air, colourful blooms and friendly chats make the walk a refreshing way to start the day. It's a lovely chance for residents to stay active while appreciating the simple beauty around us.

Cooking Group

Our Cooking Group has been very busy, filling our home with delicious aromas and laughter. Residents recently baked a fresh batch of Anzac cookies, which were an absolute hit!





Cooking Group









WE REMEMBER...

Peggy Newey
Kevin Bloffwitch
Wendy Bennett
Olva Davies
Benjamin Lam
Winifred Brookes
Joan Costello
Shirley Johnson
Lorna Eckert
Valerie Asher
Kathleen Dearman
Roland Pawlak
Marie Hartwig
John Altmann
Trevor Fyffe

Our thoughts and prayers are with their families and friends.

"Blessed are those who mourn, for they shall be comforted." Matthew 5:4 NKJV



Melbourne Cup

Our Melbourne Cup afternoon was full of fashion and fun! Residents, staff and families enjoyed the excitement of the sweeps, the fascinator making sessions, and a lively afternoon together watching the 'race that stops the Nation'. Three of our residents, Raylee Johnson, Kay Smith and Bill Eldridge, and Lifestyle Assistant, Bhumi, won the "best dressed" prizes. Keep up the spirit!





Knitting Group

We have kicked off our knitting group wonderfully, with residents working on creative projects, including large fluffy pompoms. The sessions have sparked conversations, connections and a sense of achievement as each creation takes shape.

Thank You to Our Lifestyle Teams

A big thank you to all our incredible Lifestyle Team, Bhoomi, Pam, Julie, Girlie, Raman, Amanda, and the lovely care staff who have been assisting us with lifestyle activities. I have sincerely appreciated your warm welcome and support for all the new programs and changes. Your cooperation, positivity and genuine care for our residents make everything we do possible.

May your summer be filled with sunshine, laughter, and moments of connection, and may the New Year bring even more joy and shared memories. Happy New Year 2026!



Upcoming Special Events



Warrina Crescent

DECEMBER......

Friday 5 December, 6pm

Christmas Carols by Candlelight featuring our 'Sing and Smile' choir and a local choir

Wednesday 10 December

Christmas lunch

Thursday 11 December

Christmas Church Service with our Chaplains

Friday 12 December

US 2 Entertainment special Christmas concert

Tuesday 16 December

Scenic bus trip to Victoria Square and Ninth Avenue

Friday 19 December

Multicultural Christmas Choir celebrating diversity through songs

Wednesday 24 December

Christmas Bingo & Raffle Draw full of festive cheer

Wednesday 31 December

New Year's Eve celebration happy hour to welcome 2026!

JANUARY......

Friday 23 January, 1:30pm

Australia Day BBQ with live music - Accordion performance "Lino"

FEBRUARY.....

Tuesday 3 February

Flute session with James Kendall

Friday 6 February

Cultural event "Lunar New Year"

Friday 13 February

Valentine's Day fashion parade

Tuesday 24 February

Concert "Martin's Entertainment"

Friday 27 February

Wine tasting



Welcoming Summer

As we move into the festive season, we want to thank every resident, family member, volunteer and staff member who has made 2025 such a meaningful year.

To our amazing residents – thank you for embracing new activities, themes and ideas with such warmth and enthusiasm. Your laughter, creativity and energy make Warrina Crescent truly special.

Warrina Crescent Resident Birthdays

DECEMBER

10th - Betty Sutton

11th - Allan Johnson

11th - Dianne Elson

12th - Ivor McGuire

15th - Sylvia Hoey

17th - Daphne Inkley

20th - Elice Gatto

23rd - Dorothy McGuire

23rd - Victor "Mark" Seagrove

23rd - Paul "Jack" Gordon

24th - Raelene Magrath

28th - Barry Callinan

31st - Charles Marshall

31st - Jan Welsh

JANUARY

13th - Patricia Fryer

14th - Trevor Fitzsimons

22nd - Laurence "Laurie" Pearce

22nd - Joan Hay

25th - Jennifer Prest

26th - Roderick "Rod" McLean

28th - Naomi Barker

30th - Yvonne Bouquey

FEBRUARY

11th - Ronald Drury

14th - Brian Taylor

14th - Valerie Asher

18th - Robert Perry

23rd - Mary Absolom

24th - Faith Drodge

25th - Mary "Lorraine" Vivian

25th - Margaret Stuart

25th - Leone Hambly-Clark

28th - James Weston

28th - Alan Kidd





e're thrilled to share the joy and celebration that's been lighting up life here at Warrina Vales over the past few months. It's been a season filled with vibrant colour, cheerful moments, hearty laughter, and a wonderful sense of community.





SPECIAL EVENTS

AFL Footy Tipping Competition

This year's onsite football tipping competition at Warrina Vales was a roaring success, with over 45 residents joining in the fun. It was fantastic to see such strong participation and friendly rivalry throughout the season. The race was tight from start to finish, with scores neck and neck right up to the final round. In the end, there could only be one winner, and for the second year running, that title goes to Janet Hambley!

Congratulations, Janet, on your impressive back-to-back victory.

Hot on her heels was Denis Rogers, who claimed second place, followed closely by Len Dehaas in third. The top three were separated by just a few points, making this one of our most competitive seasons yet.

A huge well done to everyone who took part. Your enthusiasm and sportsmanship made this event a highlight of the quarter. We're already looking forward to next season, so start brushing up on your footy knowledge!





WELCOME

Staff and management would like to extend a warm welcome to our new Warrina Vales residents. We hope you are settling in and will be very happy in your new Home.

Peter Hoskins
George Kennedy
Pamela Martin
William Ward
Margaret Threadgold
Ian Pullman
Maureen Branchflower

Nicolas Gekas Natalie Williams Valerie Connole Darryl Castleman Raymond Sayers Karl Hirsch Rhonda Taylor William Taylor Geraldine Hynes Douglas Johns Margaret Longford Katrina O'Loughlin Alice Willoughby







Indian and Nepalese Cultural Day

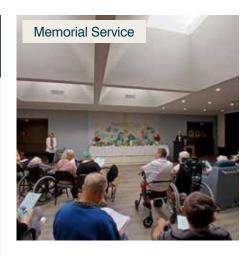
Residents and staff came together for a vibrant Indian-Nepalese Cultural Day, transforming the dining room into a celebration of colour, culture, and connection.

The day began with a creative activity as residents crafted beautiful paper lanterns to decorate the dining space. Lunch was a culinary delight, prepared by the kitchen team and inspired by traditional Indian and Nepalese flavours. Residents enjoyed a delicious meal showcasing the region's rich and diverse cuisine. Adding to the excitement, staff members dressed in traditional attire and performed lively dances for the residents. Their energy and enthusiasm brought smiles all around, creating a joyful atmosphere that honoured the spirit of the day.

In the afternoon, residents participated in rangoli artwork, a traditional Indian art form using coloured powders to create intricate patterns. The activity encouraged creativity and offered a meaningful way to explore cultural symbolism.

Oktoberfest

Our weekly happy hour turned into a lively Oktoberfest celebration as residents gathered in the sports bar to enjoy traditional snacks, beer and wine in true Bavarian style. The sports bar was buzzing with festive energy, filled with laughter, clinking glasses, and the warm aroma of classic Oktoberfest treats. From savoury bites to sweet indulgences, the spread offered something for everyone to enjoy. Residents raised their glasses to good company and great times, savouring a selection of beers and wines that added to the authentic Oktoberfest experience. The cozy, pub-like setting of the sports bar made it the perfect venue for this cheerful celebration.



Memorial Service

We gathered as a community to honour and remember the residents we lost over the past 12 months here at Warrina Vales. The Memorial Service was a heartfelt occasion, filled with reflection, remembrance and love. We would like to extend our deepest thanks to everyone who attended and helped make the service so meaningful. Your presence was a beautiful testament to the bonds we share and the memories we carry forward.







Resident Birthdays

BEST WISHES TO WARRINA VALES RESIDENTS FOR THEIR UPCOMING BIRTHDAYS.

DECEMBER

5th - Pauline Duggan

8th - Natalie Williams

9th - Lindsay Burford

11th - Sandra Walker

13th - Edith Rackebrandt

20th - Dennis Stevens

20th - Jack Kyriakos

21st - George Kennedy

25th - Carol Jobber

26th - Peter Hulbert

29th - Mark North

31st - Ian Pullman

31st - Errol Johnson

JANUARY

1st - Henry Patridge

1st - Shona Morgan

3rd - Mary Maxwell

5th - Brian White

8th - Tony Neylan

10th - Judith Boyd

10th - Mary Jennings

14th - Jean Snowball

18th - Katarina Vuckovic

19th - Bruce Tanton

23rd - Kazemiera Venchiarutti

30th - Saturnino Florez

FEBRUARY

1st - Janice Reeve

2nd - Kaur Pritam

3rd - Corazon Coteiar

5th - Heather Rex

9th - Bruce Carter

9th - Glenys Rumac

11th - Carol Noble

15th - John Chelo

18th - Colwyn Foakes

19th - John O'Brian

20th - Dianne Chittleborough

22nd - Saimi Silvonen

23rd - Josef Hajnal

26th - Jean Willis

27th - Jennifer Kelly

28th - Judith Russell

Melbourne Cup

The excitement was palpable as residents and staff came together to celebrate the iconic Melbourne Cup. Our community turned heads with dazzling fascinators, dapper top hats and vibrant ties.

Racing fever took over with horses picked and hopes high as everyone gathered around the TV, cheering and shouting with every stride. The energy was electric as the race unfolded, and congratulations to our lucky winners who backed the right horse!

A huge round of applause to Charlotte Steven, who took home the Best Dressed prize with her elegant ensemble and hats off to our kitchen team, Anjali and Aminder, who wowed us with their 'Best Fascinator' win, proudly wearing homemade creations crafted by the ever-creative, Violetta.







Rodney and Shona Morgan

We would like to extend our deepest gratitude to Rodney and Shona Morgan for their outstanding commitment to our Neighbourhood Watch community.

Rodney Morgan has reached an incredible 30 years of service, a testament to his unwavering dedication to keeping our streets safe and our community connected. Shona Morgan has devoted 28 and a half years, consistently showing care, vigilance, and a true spirit of community.

Their combined efforts have made a lasting impact, fostering a safer and more united neighbourhood for generations. We thank them for their time, energy, and the countless hours spent looking out for others.

Here's to Rodney and Shona, true pillars of our community.





Sadly, we lost some of our residents at Warrina Vales.

Our thoughts and prayers are with their families and friends.

WE REMEMBER...

John Parsons
Donald Forbes
Alan Milne
Sylvia Ferris
Reginald Byrnes
Denis Nelmes
Apollos Kalialhaha
Benjamin Catterall
Lorna Marler
Christine Read
Beverly Hicks
Karl Richter
Patricia Leck
Nicolas Gekas

Upcoming Special Events

<u>Warrina</u> Vales

DECEMBER.....

Monday 9 December Sunrise Children Christmas Carols

Wednesday 11 December Christmas Chapel Service

Thursday 12 DecemberDecember Birthday Celebration

Tuesday 17 December Christmas Lunch

Thursday 19 December Henry Olonga Concert

Monday 23 December Santa Is Coming to Town

JANUARY....

Monday 2 January New Years Party Happy Hour Wednesday 22 January

Moriya – Didgeridoo and Music Performance Thursday 23 January

Australia Day Celebrations

Thursday 30 JanuaryJanuary Birthday Celebrations

FEBRUARY.....

Tuesday 11 FebruaryOld McDonald Farm Barn

Thursday 13 FebruaryValentines Day Happy Hour

Friday 14 February Valentines Day

Monday 17 February Luna New Year

Thursday 20 FebruaryFebruary Birthday Celebrations

Thursday 27 February Beer and Wine Tasting



Father's Day

We gathered for a special Father's Day event to celebrate the incredible men in our lives, whether they're fathers, grandfathers, or beloved father figures. An atmosphere of appreciation, laughter and heartfelt moments recognised the strength, wisdom, and kindness these men bring to our community. Thank you to everyone who entered our Father's Day raffle. It was wonderful to see such enthusiastic participation from the residents' families and friends. Congratulations to all our lucky winners! Your smiles and excitement helped make the celebration truly special.









Summer Update





Amandeep Kaur Hospitality Services Manager

he Hospitality Team have been busy cooking up some exciting changes and new initiatives to enhance your daily experience.

New Digital Meal Ordering System Rollout

We are pleased to announce the successful launch of our new Digital Meal Ordering System in October at Warrina Court, Warrina Park and Warrina Park Serviced Apartments. This system is already improving the dining experience for both residents and staff by streamlining the process and making it more seamless.

The system allows residents to easily place their orders online, giving them more control over their meal choices and greater convenience. Early feedback has been very positive, with residents enjoying the ease of online ordering and staff being able to assist more efficiently.

The system will continue to be rolled out at Warrina Crescent and at Warrina Vales. We're excited that these upgrades will continue to enhance the dining experience for all our residents.

Creating a Positive Dining Experience

Through our Positive Dining Experience project, we have gathered valuable feedback from residents to shape a dining experience that reflects their individual preferences. Our goal is to personalise every aspect of the dining experience, from preferred seating and cutlery choices to condiments, music selection, and even the volume of music during meals.

We are also focusing on key details, such as tablecloths and meal presentation, and on creating an overall dining environment that makes residents feel comfortable, respected and at ease. Additionally, as part of this initiative, we are offering 24-hour access to healthy and nutritious snacks and drinks for residents, ensuring they have what they need at all times.

This approach not only aligns with residents' personal needs and preferences but also supports a principle of the Aged Care Standards, which emphasises the importance of choice and dignity in all aspects of care. Our goal is to make mealtimes enjoyable while reflecting each resident's individuality and enhancing their overall dining experience.

A Fresh New Summer Menu

Warrina Homes's new summer menu is being thoughtfully designed with our residents' tastes and preferences in mind. Our chefs and cooks have been collaborating closely with residents to create a menu that will be a hit with everyone.

Once finalised, our dietitians will review the menu to ensure each dish is balanced and meets nutritional needs. The summer menu will feature lighter, cooler meals perfect for the warmer days ahead. Expect vibrant salads made with seasonal vegetables and lean proteins, as well as fresh fruit dishes that are both healthy and satisfying.

To complement the menu, we're bringing back our Summer Drink Trolley, offering a variety of chilled drinks, including milkshakes, iced teas, juices, and cordials, alongside the usual selection of hot beverages to keep our residents refreshed and hydrated. The new summer menu will be available across all four sites starting in December.

On behalf of the entire Hospitality Team, we would like to extend our heartfelt thanks for your continued support and feedback.



Independent Living News



Retirement Village Manager



hristmas has always held a very special place in my heart. I love everything about it – the Christmas light displays, festive decorations, Christmas movies, delicious food and the traditions that make this season so magical. One that is especially dear to my heart is Christmas Eve with our closest friends. Each year, it feels bigger and brighter as the kids grow and bring their partners along.

As we come to the end of 2025, it's a lovely opportunity to reflect on a year that has been full of activity, connection and care at Warrina Homes.

Building Digital Skills

During May, June and July, we introduced our Building Digital Skills sessions, proudly supported by the Australian Government. Created to help residents feel more confident and safer online, these workshops covered everything from uploading documents to Centrelink and Medicare, to using apps for banking and shopping. The sessions were held across all our Retirement Villages, and it was wonderful to see such enthusiasm and interest from resident's eager to strengthen their digital skills.

Mid-Year Luncheon

In July, we gathered for our Mid-Year Luncheon at the Payneham Hotel, which was a tremendous success. Around 70 residents attended, and it was so lovely to see everyone reconnect, share stories, laugh, and enjoy delicious food together.

Fire Safety

August was all about safety, as we held our Fire Safety Sessions. Residents learned practical information about home safety. how to use fire blankets and extinguishers, and what to do if a smoke alarm activates or a fire occurs. Everyone also received an updated map showing assembly points and evacuation procedures, an important reminder to stay prepared and informed.

Improving Your Memory

In September, residents attended an engaging session on Improving Your Memory with Margaret Blades, a Mental Health Accredited Social Worker and Counsellor with more than 30 years of experience. Margaret shared practical techniques and exercises to help improve recall and thinking skills. The session was both informative and enjoyable, and residents thoroughly appreciated her warmth and expertise.

Ukulele and Choir Concert

Our resident Ukulele and Choir Concert was held at the Warrina Homes Community Centre in Campbelltown. What a wonderful afternoon with around twenty-five residents and guests joining in. It's been amazing to see how much the group has grown, especially for many who had never played a ukulele before! This talented group of musicians has also been invited to perform at community events outside of Warrina Homes, which is a fantastic achievement.



Downton Abbey Finale

Later that month, we enjoyed a special outing to the Downton Abbey grand finale at the Regal Theatre, with 21 residents in attendance. It was a beautiful experience to see the series conclude in true Downton style. A truly memorable day that I know many of us will cherish.

Highlights from Across the Year

Throughout 2025, several wonderful initiatives and improvements have taken place:

- The Retirement Village Handbook has been updated and is now called the Welcome Guide. It's a friendly, practical resource where residents can note down names, birthdays and contact details to stay connected.
- Warrina Park residents have started regular activities and gatherings in their new Community Centre, bringing people together each week. A big thank you to those who generously volunteer their time to organise these events.
- It's been heartwarming to see families booking our Community Centres to celebrate special birthdays and anniversaries, filling the rooms with laughter and love.
- At Warrina Valley Estate, The Billabong Community Centre is undergoing an exciting upgrade. Residents have been involved in every step of the process, providing valuable feedback. A special thank you to everyone who helped pack up the centre, clean, and donate items to charity - your efforts have made a real difference.
- As part of the larger redevelopment plan at Warrina Court, several residents have moved to other properties within Warrina Homes, and many have also transitioned to higher levels of care throughout the year. We wish each of them comfort, happiness, and all the very best in their new homes, and we are grateful for the connections and memories we have shared.

As we wrap up another busy and rewarding year, I'd like to thank every resident for your continued warmth, involvement and community spirit. You make Warrina Homes a truly special place to live.

Wishing you all a joyful Christmas and a bright, healthy, and peaceful New Year.

Bus Trip to Virginia Nursery

In October, we enjoyed a relaxed and fun day out at Virginia Nursery. Thirteen residents joined me for a smaller trip from 10 am to 3 pm, with time for some shopping, coffee and a delicious lunch at the Virginia Hotel. The weather was breezy but stayed dry, and everyone had a great time, with plenty of plants and gifts coming home on the bus!



Coffee Group

We were thrilled to kick off our Coffee Group at Bake n Brew Café in November. Thirteen of us gathered for our very first meet-up, enjoying great coffee, conversation and company. It was a wonderful morning, and we're already looking forward to many more catch-ups like this with residents from all sites!





ACH Presentation

Also in September, we hosted a presentation on the upcoming Home Care Package changes. Residents were offered concierge services to help navigate the My Aged Care process, and these spots filled almost immediately. Following the session, I was pleased to assist several residents with referrals to ensure they received suitable support moving forward.

Health and Wellbeing

Helpful Apps for iPhone Users

If you have an iPhone, the built-in Health app is an excellent tool for monitoring your daily activity, sleep, heart rate, and nutrition. You can also create a Medical ID that stores essential health information and emergency contacts. so first responders can access it if needed.

Another great app is Emergency Plus, which lets you call Triple Zero (000) and automatically shares your exact location via GPS. Both apps are free.

Helpful Apps for Android Users

Android users can use Google Fit, a built-in app that tracks steps, calories, heart rate, and sleep. It also helps you stay active and maintain balance through Move Minutes and Heart Points.

For safety, Android users can also download Emergency Plus, which works the same way as on iPhones. Many devices also include an Emergency Location Service that automatically shares your location with emergency services when you call 000.

These simple tools can help you stay safe, active, and connected.

At-Home Blood Collection

If you find it difficult to visit a pathology collection centre, you can arrange for your blood to be taken at home. Make sure you have a current Medicare card, pension or concession card and a list of current medications ready on the day.

1. Speak with your GP, who can provide a referral for home blood collection.

2. To book a visit, contact:

- SA Pathology on (08) 8222 3000
- Clinpath Pathology on (08) 8301 4906 (Domiciliary Hotline)

This service is designed to make things easier for those who find travel difficult.

Support at Home Program

The Australian Government will be introducing a new Support at Home program from 1 November 2025. This program will replace the Home Care Packages and Short-Term Restorative Care programs, helping older Australians live independently for longer.

Scan here to for more information.

Test your Sudoku Skills

Sudoku is a memory-training activity. Like chess, it encourages you to think a few steps ahead to your next move, which is a good exercise for the brain.

The rules for sudoku are simple. A 9×9 square must be filled in with numbers from 1-9 with no repeated numbers in each line, horizontally or vertically. To challenge you more, there are 3×3 squares marked out in the grid, and each of these squares can't have any repeat numbers either.

* Solutions on page 31

5	4	6				3		
8	7			4			1	
			8				5	
7			5				4	3
	5	4	7		2	8	6	
9	8				4			7
	1				6			
	9			5			3	2
		5				1	8	6



What's Happening Around the Villages

WARRINA PARK



Bocce Afternoons

Bocce continues every second Saturday on the lawns near Linear Park. It's always wonderful to see residents enjoying the sunshine, fresh air and friendly competition.



Introducing a New Group - The Warrina Musos

A most enjoyable morning in late October was the setting for the very first gathering of the new Warrina Musos group. While we recognised that it was just the beginning, and a couple of members were unable to participate, the session went well and set a positive tone for the future.

We are looking forward to meeting again in November, In the meantime, some members will be working on new pieces to share with the group.

As a work in progress, our goal remains simple: to share our musical gifts and enjoy the journey together. Trevor & Ruth

BBQ Shared Meal

Last Friday of each month the residents meet and cook a BBQ dinner, lovely to see a full room.

Farewell Ron and Thelma

Family, friends, and neighbours recently came together for a lovely afternoon tea to farewell Thelma and Ron, who have called Warrina Homes their home for 28 wonderful years. It was a beautiful afternoon filled with heartfelt speeches and memories as the community wished them all the best in their new chapter.



SERVICED APARTMENTS

A big thank you to Dawn Martyn for organising the lovely Father's Day gifts for residents. Your kindness is truly appreciated.



We celebrated birthdays for Moira Burns and Helen Gus. Happy birthday to you both!





A few years ago, Joy Brook created a beautiful quilt for her daughter-in-law's 60th birthday. A true work of art, it proudly hangs on the wall at home.

Recently, family suggested entering the quilt in the Royal Adelaide Show. Despite Joy's initial hesitations, she agreed, and to her delight, it won second place!

Joy's family visited the show to celebrate her achievement. It was a proud moment for everyone, and a lovely acknowledgement of Joy's remarkable creativity.

Residents enjoyed a fun Melbourne Cup afternoon with afternoon tea, prizes for the top three winners, and plenty of laughter. A special thanks again to Dawn Martyn for organising the beautiful decorations.



WARRINA HOMES - CAMPBELLTOWN



Birthday Celebrations

Margaret Clogg celebrated her 80th birthday lunch with family and friends at the Community Centre. Generous comments were made about the lovely facilities enjoyed on the day. Happy birthday, Margaret - what a milestone!

Wendy Orchard also celebrated her birthday with family and friends in the Community Centre. From what we hear, there was enough food to feed an army! A very happy birthday to Wendy from everyone at Warrina Homes.



Resident Farewells and Warm Welcomes

An afternoon gathering was held at Warrina Court to say farewell to four residents moving to other Warrina Homes sites. We wish them all the very best as they begin this next chapter in their journey.

Also, a lovely welcome to Wendy Dodds, who moved across to Warrina Close. Although everyone already knew Wendy from Warrina Court, it's been a long-standing tradition to host a welcome afternoon tea for new residents.

Fashion Parade Fundraiser

Residents Wendy Orchard and Heather Murphy held a Fashion Parade in October, with approximately 60 residents and guests in attendance. Proceeds from a ticket \$10 donation raised \$600 for the Royal Flying Doctor Service (RFDS). What an achievement for a cause close to many hearts!

Residents were delighted to have Jenny Humphries share a few words about her experiences as a nurse with the RFDS, with her husband also serving as a pilot. Her heartfelt insights gave us a wonderful glimpse into the incredible work the RFDS continues to do across remote Australia.

A big thank you to Wendy and Heather, for once again

organising such an enjoyable event, and to everyone



WARRINA VALLEY ESTATE - BILLABONG

Congratulations to Laurie and Wendy who will celebrate their 20th wedding anniversary in December, and to Brian and Yvonne who celebrate an incredible 60 years together in February, 2026. These are such beautiful milestones, and we wish you all continued happiness and love.

Warrina Valley Estate residents have shown great adaptability and creativity in keeping their regular activities going while the Billabong Community Centre upgrade is underway. Many residents have generously opened their homes to host these events, a true testament to the strong connections within our community.

The photos feature the Meet & Eat, BBQ shared meal and Happy Hour, all were kindly hosted at House 7.







RECIPE

Mini Christmas Trifles

A light and festive dessert that looks beautiful and tastes delicious.

Serves: 4-6

INGREDIENTS

Small sponge cake or sponge fingers

- 1 cup custard
- 1 cup whipped cream
- 1 cup mixed berries (strawberries, blueberries, raspberries)
- 1–2 tablespoons of sherry or fruit juice (optional) Mint leaves or chocolate shavings for decoration



METHOD

- 1. Cut the sponge into small cubes and drizzle with sherry or juice if you wish.
- 2. In glasses or a bowl, layer sponge, custard, and berries.
- 3. Top with whipped cream and decorate with berries, mint, or chocolate.
- 4. Chill for 30 minutes before serving.

Garden Tour

with Bob & Jenny Curnow House 13 at Warrina Close

It is always interesting what people place in their gardens or homes as memories of things we are interested in and what we have chosen to remember something we have done in our past or present.

We keep memories close to our hearts, and we love to commemorate them on an occasion.

The story behind some of the decorative features in our garden

- Pink Flamingos When I turned 50 there were 50 pink flamingos in my front lawn and a sign saying "HAPPY 50TH BIRTHDAY DAD".
- Water Fountain We purchased this to commemorate 50 years of marriage.
- Giraffe Jimmy was purchased to celebrate Jen turning 75 years old.
- 4 Butterfly It is significant in celebrating the evolution of life and it was a desire to have a butterfly in our garden.
- Poppy Is to commemorate ANZAC DAY.
- Soldier Recognises both our ties to the Military, as my father-in law and I both spent time in the Army, him in WWII and me during Vietnam conflict. My son also spent time in RAAF. The Soldier also looked a lot like my father-in-law.
- 7 Bridge My father-in law built a little red bridge for his garden and when he unfortunately passed I had it in my garden, until it fell apart. I built another at Men's Shed to commemorate us both past and present.
- 8 Gnome I have a little gnome in my garden to signify I am friendly and want to help others.



Our rear garden, which we have established to relax in is signed appropriately with "Jen's Retreat".



What meaningful things do you keep in your garden or home that remind you of good times or help you reflect on a loss you may have experienced?

Bob and Jenny's garden is looking outstanding! Thank you for sharing your wonderful garden with us. If anyone would like to share photos of their beautiful gardens or special memories in the newsletter, please contact Kristy.

WELCOME

A very warm welcome to Mr and Mrs Goldney at Warrina Valley Estate. We're delighted to have you join the Warrina Homes community.

In Memorian

Sadly, we lost one of our Retirement Villages residents.

David Langley, Warrina Grove

Our thoughts and heartfelt prayers are with his loved ones and family during this time.

What to look out for in 2026

- COTA Strength for Life session (will kick off in early February) Flyer and Bookings to come
- Monthly Coffee Groups
- Monarto Safari Park Bus Trip
- Hearing Australia visits
- Flu Vaccine Clinics
- Friends Lunch at the Marche Club
- **Guest Presentations**
- Movie Day
- Art Class Paint & Sip

Book Recommendation

A Christmas Carol

Charles Dickens



A touching tale about a stubborn old man who learns compassion, generosity and the joy of giving.

Sudoku Solutions

5	4	6	2	1	9	3	7	8
8	7	3	6	4	5	2	1	9
1	2	9	8	7	3	6	5	4
7	6	2	5	8	1	9	4	3
3	5	4	7	9	2	8	6	1
9	8	1	3	6	4	5	2	7
2	1	8	4	3	6	7	9	5
6	9	7	1	5	8	4	3	2
4	3	5	9	2	7	1	8	6

Retirement Living ILU Committee Members **Appreciation and Transition**

We sincerely thank all the individuals who generously gave their time as representatives during 2024/2025. Your commitment has been invaluable in supporting and representing all our Retirement Villages.

We now warmly welcome the representatives who will begin or continue their roles from December 2025, and we look forward to their dedication and contributions in the vear ahead.

2025/2026 Retirement Living Representatives

- Serviced Apartments Allan Cresswell
- Warrina Park Barry Manser and Anne Jones
- Warrina Valley Estate Fran Brown, Brian Marshall and Di King
- Warrina Court Cate Taylor and Rudi Terwel
- Warrina Close Jennifer Humphries and Judith Purling

MY LIFE SO FAR...





Brian and Yvonne Marshall live in Warrina Valley Estate

Brian Marshall is a representative for Warrina Valley Estate and continues to be an active and supportive voice for residents.

was born in Hobart. Tasmania in 1943. In 1949, we moved to Whyalla where my father became the manager of the CIG Gas Company, which produced liquid oxygen for the Woomera rocket range and acetylene for the shipyards. My schooling was at the Whyalla South School and later at Whyalla Technical High School.

It was a very relaxed way of life as a youngster. As kids, we all played in the Lacey Street quarries catching tadpoles and playing in the water ponds. Unbeknown to me, my future wife, Yvonne, also played in the same quarries, but we didn't meet until 1965.

On leaving high school, I obtained an apprenticeship with BHP as an electrician. This apprenticeship was very comprehensive and five years I was transferred every three months to different parts of the company.

As a result, I developed a very wide range of trade skills, which were invaluable throughout my future working life as a lecturer at TAFE.

My first car was a 1949 Morris 840, which my father and I stripped down and rebuilt. It was the first of many cars which were under my spanners.

In 1966, I bought a Heron dinghy, which started my love of sailing.



Yvonne and I were married in 1966, just under a year after we met. We are still best friends after 59 years.

I began working as a trade teacher at Kilkenny TAFE College, which I thoroughly enjoyed. Part of the job involved a country placement, so I applied for a placement to Whyalla. We moved back there in 1976 and during this time, we had a son and two daughters, Adrian, Leanne and Alisa.

I went back to Kilkenny College teaching instrumentation, programmable controllers as well as trade subjects.

I had bought a catamaran while in Whyalla and on our return to Adelaide started sailing in larger trailer sailers. I decided to build a 7-metre catamaran with a cabin, bed and a gas cooker. This took four years to build and once complete, I sailed around the Coorong and various other destinations around the SA coast.

As sailing was starting to take a physical toll, I discovered radio controlled yachts. I now have seven, the majority of which I built.

We have six grandchildren and enjoy their company very much. We moved into Warrina Valley Estate from our home of more than 30 years at Modbury Heights in 2021. I became chairman of the Residents' Committee.

I am enjoying a busy retirement, living in the Village and sailing my fleet at Mawson Lakes.







Steve Tozer Grounds and Gardens Manager

What a wonderful Spring we had with abundant rain and typical temperatures. The roses were magnificent, one of the best displays I have seen. But as every gardener knows, there's always work to be done.

For Summer gardening, focus on water conservation including applying a thick layer of mulch and watering deeply in the early morning or late evening. Protect sensitive plants by providing shade using shade cloth or by moving plants to a cooler spot.

Maintain plant health through consistent watering and consider using products like liquid seaweed to strengthen plants against heat stress.

The Gardening teams will be preparing our gardens for the Summer months. Our jobs list will include;

- Mulching for moisture retention and keeps roots cool
- · Trimming trees and shrubs after the Spring growth
- · Dead-heading roses
- · Deep soakings of potted plants and annuals beds
- · Monitoring of irrigation systems
- · Planting of Summer annuals

During Summer the Gardening Teams' focus is on maintaining the standard of our properties during these warmer months.

Merry Christmas and a happy New Year to all our residents and their families!

Add a Splash of Colour for Pots

Flowering summer annuals are an ideal and satisfying way to brighten up your garden with a burst of colour. Petunias are a great Summer performer and can be grown in any sized pot with drainage and spill over the edges of hanging pots to create wonderful cascades of blooms. They can be planted from September, right through to February. Thriving in hot weather, petunias are available in several varieties that differ in size, colour and shapes.

Here are the top 5 steps to growing petunias courtesy of lovethegarden.com.au

- 1. Choose a full sun spot in a compost enriched soil or grow in pots or hanging baskets.
- 2. Petunias should be planted after your last frost or in spring/summer when the days are warm.
- 3. Pinch off spent flower heads to encourage more blooms to follow.
- 4. Fertilise with an all-purpose fertiliser at planting and fortnightly with for even more flowers.
- 5. Petunias look beautiful spilling over the sides of pots or containers. Use them as the "spiller" plant in potted garden displays.

GOVERNANCE AND COMPLIANCE

Priyanka PadaleExecutive Manager Governance & Compliance



Annual General Meeting

The Annual General Meeting (AGM) was held on 27 October 2025 at the Warrina Court Community Centre. This year, 76 individuals submitted their membership application forms, which were reviewed and subsequently approved at the following Board meeting.

We were delighted with a strong turnout of 59% of registered Members at the meeting, highlighting the commitment and engagement of our community.

At the AGM, Members considered and approved several key matters essential to the continued governance and transparency of the Association. These included amendments to the Constitution designed to strengthen our Governance Framework, acceptance of the audited financial statements, and endorsement of the Annual Report, which detailed the organisation's performance over the past year. The appointment of the auditor for the upcoming year was also confirmed.

Two incumbent Board Members, Mrs Gess Carbone and Mr Steven Evans, were re-elected for further terms after standing for re-election. Additionally, a new Board Member, Mr Christo Botha co-opted during the year, was formally appointed with unanimous approval at the AGM, ensuring continuity and fresh perspectives on the Board.

The success of the AGM was made possible by the coordinated efforts of Members of the Association, Board Members and Staff. We extend heartfelt thanks to everyone involved in making this event a significant achievement.

Annual Residents Meeting

Immediately following the AGM, the Annual Residents Meeting was held, chaired by the Independent Living Units (ILU) Committee Chair. This meeting provided an important forum for residents to receive updates, review operational reports, and engage directly with Management.

The agenda was structured to promote transparency and dialogue, allowing residents to ask questions, raise concerns, and offer feedback on management practices. In turn, Management provided clear, comprehensive responses to all queries, reinforcing our commitment to open communication and collaborative community governance.

Introduction to the New Governance, Risk, and Compliance (GRC) System -Ideagen Complispace

November marks a pivotal month with the scheduled go-live of our new integrated GRC system, Ideagen Complispace, on 10 November 2025. This advanced platform is set to streamline and unify our Governance, Compliance, and Risk reporting activities.

Comprehensive training sessions are underway to ensure all staff are fully equipped to utilise the new system effectively. Informational posters and digital signage have been strategically placed throughout both Residential Aged Care facilities and Retirement Villages to familiarise residents, visitors, and staff with the system's features and benefits.

A standout aspect of this system is the sophisticated Feedback Management module. Residents and visitors now have seamless access to electronic feedback channels via prominently displayed QR codes, allowing for efficient, real-time submission of comments, compliments, or concerns. This digital mechanism enables faster follow-up and greater responsiveness, fostering continual improvement in resident care and satisfaction.

Staff are enthusiastic about the increased accessibility to policies, procedures, and critical operational tools, all now available electronically. Incident reporting, feedback capture, and compliance tracking processes are simplified, more transparent, and easier to audit, significantly enhancing our Governance culture.

Notably, the launch of Ideagen Complispace aligns with the commencement of the new Aged Care Act 2025, which came into effect on 1 November 2025. This legislation reflects a major overhaul based on the Royal Commission's recommendations, introducing a rights-based framework that places older people at the centre of care. The Act reshapes regulatory oversight, quality standards, and Provider accountability, ensuring a simpler, fairer, and more transparent Aged Care system.

Our transition places Warrina
Homes at the forefront of
compliance excellence, enabling
the organisation to meet the
heightened expectations of the Act
while delivering enhanced service
quality and safety for residents.

Strengthening our Digital Foundations

Warrina Homes' IT Transformation Journey

Jose Ribeiro Chief Finance & Operating Officer



Over the past five years, Warrina Homes has embarked on a transformative journey to build a secure, modern and efficient IT infrastructure. What began in 2021, with the upgrade to the latest Windows and Microsoft platforms and the replacement of outdated equipment, has evolved into a comprehensive strategy of continuous improvement. In the world of technology, standing still is not an option.

2025: A Year of Major Milestones

This year marked significant progress, with several key IT projects completed and others well underway. These initiatives span both hardware and software, all aimed at enhancing operational efficiency, improving service delivery and future-proofing our systems.

Hardware Projects

Call Bell System Upgrade -**Warrina Crescent**

A major infrastructure project involving kilometers of cabling and new hardware is nearing completion. In 2026, staff will transition to using a single device, simplifying workflows and improving response times.

Call Bell System Upgrade -**Warrina Vales**

Scheduled for completion by February 2026, this upgrade will enhance service visibility and responsiveness for both staff and residents.

Enhanced Connectivity

Additional data lines have been installed between all sites and Corporate Office, significantly reducing downtime and improving redundancy.

Telephony Overhaul

By February 2026, all sites will transition to Voice over Internet Protocol (VoIP), offering greater flexibility, reduced hardware needs and portable phone numbers.

Equipment Refresh

Devices installed in 2021 have now being replaced to ensure optimal performance and reliability.

Software Projects

Upgrade to the Latest Microsoft Platform

The operating system has been upgraded to Microsoft Office 365, allowing for greater flexibility and speed of delivery.

Leecare Implementation

All sites now live with Leecare, supporting clinical operations and improving care delivery.

Complispace Rollout

This platform, supporting Governance and compliance efforts across the organisation, went live in November 2025.

TechOne Integration

The Finance Team is preparing for a launch early in the New Year to streamline financial management.

MYBOS Maintenance Request System

Set to go live in early 2026, this system will enhance maintenance tracking and reporting.

Digital Menu System

Already live, this tool supports the Hospitality Team in delivering meal services to the residents.

Cybersecurity Enhancements

Multi-Factor Authentication and Single Sign-On are both on track to be completed shortly. Essential Eight Standards implementation is progressing, with completion expected by March 2026.

Device & Lifecycle Management

New software has been deployed to manage mobile devices and tablets and to track IT equipment lifecycles, supporting better budgeting and cost control.

Looking Ahead

In addition to these major initiatives, several smaller projects have been undertaken to strengthen our IT framework. As artificial intelligence and digital technologies continue to evolve, Warrina Homes remains proactive, ensuring our systems are not only current but also capable of supporting the future of Aged Care.





Maintenance Update

Victor Faisca

General Manager Assets and Operations



It's been a very busy year, and we don't anticipate the trend slowing down as we head toward Christmas. The Maintenance and Grounds Teams have been hard at work across all sites, continuing to focus on resident comfort and wellbeing, with a schedule that once again broke the 500-ticket barrier in October.

Below are some of the key highlights and projects currently underway or recently completed:

Warrina Valley Estate

The Community Centre (The Billabong) refurbishment is well underway. The team has made excellent progress, and the transformation is starting to take shape.

Corporate Office

Our Highbury Corporate Office expansion project is also progressing well. Photos show the great work being done to create improved spaces for our staff and visitors.

Warrina Vales - Electrical Board Replacement

This month, the electrical board replacement will be taking place at Warrina Vales to enhance safety and ensure the site remains up to date with current standards.

Warrina Crescent - Kitchen Upgrade

The Warrina Crescent kitchen upgrade has gone out to tender, and a builder has now been selected. Works are scheduled to commence in the first week of January, with an expected completion time of 8–10 weeks.

Retirement Villages

Two independent living units within our Retirement Villages have recently been refurbished ready for sale.

Warrina Crescent - LED Lighting Upgrade

The LED lighting upgrade to all resident rooms and hallways at Warrina Crescent has been completed, improving both energy efficiency and lighting quality throughout the site.

Warrina Vales - Grounds & Maintenance Manager Appointment

We're pleased to announce that a Grounds & Maintenance Manager has been appointed at Warrina



Vales. A Property Improvement Plan is currently being developed and will be launched shortly.

MYBOS - New Maintenance Request System

We've selected MYBOS as our new maintenance request software. This system will make it easier for both residents and staff to log maintenance requests, which will then be efficiently passed on to the maintenance team.

Sustainability Achievement

A huge thank you to everyone involved in The Billabong refurbishment project. Through teamwork and thoughtful planning, we managed to repurpose, reuse, or donate 99% of all furniture and fittings. This is a fantastic sustainability achievement!

Holiday Message

Wishing everyone a safe and joyful holiday period. Thank you all for your continued support and collaboration throughout 2025. We look forward to another successful year ahead!



PEOPLE AND CULTURE

Together we thrive

Wellbeing and inclusion at the heart of our year

Diana van Jaarsveld (PhD) **Executive Manager People and Culture**



his year has been defined by moments that brought us closer together and strengthened the culture we are proud of. Across our organisation, we have seen resilience, collaboration, and care in action. These are qualities that define who we are and what we stand for. As we look back, it is clear that our commitment to wellbeing, engagement, and inclusion has shaped not only our work but the way we connect as a community.

One of our milestones was the conclusion of our Annual Employee Survey with a 64% participation rate. Employee feedback is invaluable and will guide our priorities for the year ahead, ensuring that our strategies continue to reflect what matters most.

We also celebrated Aged Care Employee Day, a special occasion to honour the dedication and compassion of those who make a difference in the lives of our residents every day. Alongside this, our Employee of the Month and values-based recognition program continued to recognise individuals who exemplify excellence, teamwork and care, reinforcing the importance of appreciation in our culture. These moments of acknowledgment reinforce that excellence is not only about performance, but also about the positive impact we have on colleagues, residents, and families.

In recent months, the celebration of R U Ok? Day was a powerful reminder that a simple conversation can make a profound difference. This initiative encouraged us to pause, check in with one another, and create space for meaningful dialogue. It also gave us the opportunity to reiterate the support available through our Employee Assistance Program, ensuring that every team member knows confidential help is accessible whenever needed, at no cost.

As we approach the end of the year, we are excited to host our very first Family Fun Day at the Adelaide Zoo. This event is more than a celebration; it is an opportunity to strengthen bonds, share joy, and reflect on the achievements that brought us here. By inviting families to join, we recognise the important role they play in supporting our employees and creating a sense of belonging. For

those who will be working and unable to attend, a special care package will be delivered as a token of appreciation for your commitment and contribution.

These initiatives reflect our alignment with the Board's strategic priorities and our promise to keep people at the heart of everything we do. As we move into 2026, we remain focused on fostering a workplace where wellbeing, engagement, and inclusion are not just words but also lived experiences.

Thank you for your continued contribution to making our organisation a place where everyone feels valued and included. Together, we thrive - and together, we look forward to another year of growth, connection, and shared success.

Celebrating Excellence: Our Employee of the **Month Honourees**

Recognising and celebrating the contributions of our people is central to building a culture of appreciation and engagement. Over the past quarter, we have proudly acknowledged outstanding individuals through our Employee of the Month initiative across all facilities. These employees go above and beyond by demonstrating exceptional care, professionalism and commitment to our Values.

Please join me in congratulating the following individuals as we celebrate our team members who achieved this recognition in the past three months. Their achievements remind us that excellence is not just about individual performance, but about the positive impact each person has on colleagues, residents and families.

Thank you to all our honourees for inspiring us and setting a standard of excellence. Your dedication makes a meaningful difference every day, and we are proud to celebrate your success.

See next page for our Employees of the Month

Celebrating Excellence: Our Employees of the Month

AUGUST



Helena SlatteryPersonal Care Worker at
Warrina Court

Helena has been recognised by our residents for her exceptional patience and dedication. Always ready to lend a helping hand, she provides care with genuine kindness and compassion. Residents describe her as "wonderful" and "fantastic at her job." Thank you, Helena, for making a positive impact daily!



Harpreet Kaur Hospitality Services Worker at Warrina Crescent

Congratulations to Harpreet!
Harpreet is an outstanding team
player whose positive attitude and
willingness to support others have
earned her multiple nominations
from colleagues. While she excels
in her Hospitality Services role, it
is her kindness and calm energy
that truly set her apart. Thank you,
Harpreet, for everything you do!



Gurinder Gurinder Personal Care Worker at Warrina Park

Gurinder has been praised by residents for creating engaging and enjoyable activities, including a well-managed word game that made a lasting impression. Residents shared that even their first activity experience with her was "great." Thank you, Gurinder, for bringing fun and connection to our community!



Cheryl Dowling

Lifestyle Assistant at Warrina Vales
A huge congratulations to Cheryl!
She consistently goes above
and beyond, brightening every
day with her warm smile and
positive attitude. Both residents
and colleagues describe her as
friendly, helpful, and cheerful.
Cheryl, your dedication and joy
make a real difference – we are
lucky to have you!

SEPTEMBER



Shanthi PaulPersonal Care Worker at
Warrina Court

Shanthi is celebrated for her unwavering dedication and respect in caring for residents. Her commitment to making a positive difference every day truly stands out. Thank you, Shanthi, for your exceptional service and compassion!



Julie Yuzon Lifestyle Assistant at Warrina Crescent

Julie has been voted Employee of the Month by residents, staff, and families for her caring attitude and kindness toward everyone she interacts with. Congratulations, Julie! Your efforts are deeply appreciated - Keep up the great work.



Fleur Fitton Chef at Warrina Park

Our talented chef, Fleur, has earned high praise from residents for her personalised approach to dietary needs and her culinary skills; especially her superb sponge cakes! With 10 resident votes, Fleur's helpful and caring nature shines through. Thank you for going the extra mile!



Binita Shah

Lifestyle Assistant at Warrina Vales

Congratulations to Binita!
Binita's caring and helpful nature, combined with her ever-present smile, brings joy to residents and staff alike. Her positivity and dedication have not gone unnoticed. Binita, you truly embody the spirit of Warrina Homes. Thank you for all you do!

OCTOBER



Anne Daws Hospitality Services Worker at Warrina Court

Anne is recognised for her consistent hard work and dedication at Warrina Court. Though often behind the scenes, Anne's efforts make a significant difference every day. Thank you, Anne, for your commitment and reliability!



Kalyani Sharma Personal Care Worker at Warrina Crescent

Kalyani's caring nature and extraordinary singing skills bring joy and happiness to residents, staff, and families. Her music creates a cheerful atmosphere that brightens everyone's day. Congratulations to Kalyani! Keep up the great work.



Claudia Goegan Personal Care Worker at Warrina Park

Claudia is celebrated for her exceptional care and support at Warrina Park. She goes above and beyond by mentoring new staff and serving as a positive role model. Claudia, your dedication and leadership inspire us all. Thank you for all that you do!



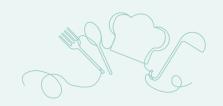
Connie Armstrong Personal Care Worker at Warrina Vales

Connie is described as a strong leader, hardworking, and deeply authentic. She consistently delivers outstanding service and goes above and beyond for residents and colleagues. Connie, your excellence and commitment are truly inspiring!



Rahul Hans

Chef



In this edition, we are pleased to feature Rahul Hans, our Chef at Warrina Vales, whose contributions have a meaningful impact on the lives of our residents. His dedication, collaborative spirit, and willingness to support across departments reflect the values we uphold at Warrina Homes and contribute to our shared success.

We had the opportunity to ask Rahul a few questions about his experience and approach. Here's what he had to say.

What inspired you to pursue a career in Aged Care?

My career began in hospitality, working in burger shops, Italian and Asian restaurants, and fast-food outlets. In 2021, I had my first experience in Aged Care and noticed something important: many residents were missing out on modern and evolving food trends and global flavours. It became a significant turning point in my professional journey. That insight inspired me to cook with purpose, introducing menu changes that bring excitement and variety to their dining experience. This passion led me to embrace my role as a Chef at Warrina Vales.

Where were you born? Have you travelled or lived anywhere else in the world?

I was born in India in 1999 and have only lived in India and Australia.

What's a fun or surprising fact about you that your colleagues might not know?

I am scared of swings! Although I absolutely love fried chicken burgers, I have been vegetarian for a long time.

What are you passionate about?

I am passionate about taking on new challenges and embracing risk. I love learning and growing, and I approach every task (no matter how small) with creativity and a fresh perspective.

What hobbies or activities do you enjoy in your free time?

I enjoy exploring new places and activities like kayaking, go-karting, quad biking, wall or tree climbing, and cruising. I am also a big foodie and love trying dishes at different bars and restaurants.

What does a "good day" at work look like for you?

A good day is when the kitchen is filled with laughter and positive energy. If I walk in and see my Team smiling and enjoying themselves, I know it's going to be a great day. The cheerful atmosphere makes all the difference.

What do you think sets Warrina Homes apart from other organisations?

Warrina Homes stands out because it offers growth opportunities and operates with structure and consistency, ensuring quality care. What truly makes us unique is how we value our staff - through feedback, open conversations, and mutual respect. We work as one Team, united by purpose.

What is your message to fellow Warrina Homes employees?

There is always room to grow and learn. Your line Managers are here to help, but they can only support you if you speak up. So, take a deep breath, share your goals and ideas, and don't be afraid to ask questions. You've got this!







Corporate Office

1005 Lower North East Road Highbury SA 5089 P 1300 424 332

E enquiries@warrinahomes.com.au

warrinahomes.com.au

Warrina Court I Campbelltown

Warrina Close I Campbelltown

Warrina Park I Paradise

Warrina Grove | Hope Valley

Warrina Valley Estate | Hope Valley

Warrina Crescent I Ingle Farm

Warrina Vales I Morphett Vale